

# How to Manifest Your Best Life Using Astrology

*Secrets From The Stars*

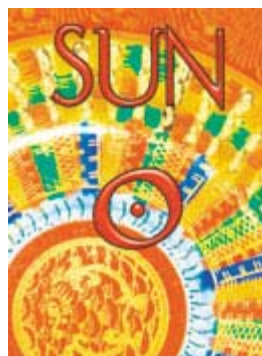


Maya White

# **“How to Manifest Your Best Life Using Astrology”**

**Secrets from the stars**

**5 Tips for Success, Abundance, and Prosperity  
... you can have it ALL!**



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# How to Manifest Your Best Life Using Astrology

## *5 Tips for Success, Abundance, and Prosperity So You CAN Have it All Using the Secrets from the Stars*

© Maya White \* Astrologer and Intuitive Guide

### **What is astrology and how does it work?**

Astrology is your synchronistic interface with the Universe! A natal chart is based upon the date, time, and place you took your first BREATH; it identifies the moment you took you connected into this lifetime. Astrology helps you understand yourself and others, and guides you to right answers. It reveals your innermost characteristics, and identifies your unique style, as well as conscious and unconscious expectations.

*This powerful information contains 5 Success Tips; consciousness tools related to astrology  
that will show you how to manifest your best life.*

**Success Tip #1 – Learn the 12 signs by Element and Quality**

**Success Tip #2 – Learn about your own astrological chart**

**Success Tip #3- Consult with an astrologer at least once per year, preferably just before your birthday**

**Success Tip #4 – Learn to recognize and plan your life choices according to lunar cycles**

**Success Tip #5 – TRUST**

### **How Astrology Helped Samantha Understand Her Love Life**

Samantha was not much interested in astrology until she met Matt. Being a typical Taurus, Samantha liked her routines, and was on a steady track to financial security. She had married at age 25, and taken her first job just out of college.

Over the years, she advanced her career through careful and strategic planning. Samantha was looking forward to an early retirement and having extra time for her grandchildren. Then, at age 45, her life was turned upside down.



Matt entered into Samantha's life at a time when she had become a bit bored with everything. Her job had become unrewarding, her marriage routine. When Matt began working with her, Samantha found him at first intriguing, and soon, irresistible. Matt, a Sagittarius, had an upbeat and joyous way about him that brought a breath of fresh air to her seemingly mundane existence. The spark of attraction quickly turned into flames of desire; and before long, evenings at work turned into making love all night.

But, Samantha soon had problems, lots of them! Being a sensuous fixed earth sign, Taurus natives like sex, but they also need commitment and stability. When confronted with Samantha's readiness to end her marriage so that she could be with him, Matt turned out to be a less evolved example of his mutable fire sign, Sagittarius. As an element, Fire can burn hot, but the flames are not guaranteed to be long lasting. And, mutability is changeable by nature. There was simply no way that Matt could, or would make commitments to Samantha; much less support her long term goals.

Matt moved on, and brokenhearted Samantha was left to pick up the pieces of her life. However, in her search for healing, one of the first things Samantha had done was to consult an astrologer. The first thing she learned was that around age 45 all people have a transit of the planet Uranus which prompts self expression and freedom, and that this often manifests through a personal sexual revolution. Samantha's experiences and desires were not an exception. And, she came to an understanding about the nature of Matt's behavior and personality traits.

Thankfully, consultations with an astrologer helped Samantha regain her dignity, her financial future, and best of all, provided her a new depth of understanding.

### Know Thyself (and Others)

**One of the first steps in understanding your astrological profile is to learn the inner qualities of your Sun sign.**

Understanding anyone's Sun sign gives you insight into their personality traits and their self expression. This helps you understand why others act the way they do. The Sun has been honored throughout history as a force of life and vitality. How wonderful it is to know that one of the most basic and easily obtained lights of astrological knowledge, your Sun sign, can provide you with so much information!

The Sun represents a focal point, or center for personality. Consider how the planets of our solar system circle around the blazing light, held in orbit by its powerful gravitational pull. Instinctively, we all know that the Sun gives life. The Sun illuminates the archetypal drive and focus represented by each astrological sign. Key words for the Sun are; *vitality, creativity, exhibition, and dignity*. You can also add: *ego, will, heart, success, individuality, and illumination*.

### Success Tip #1 – Learn the 12 Signs by Element and Quality

**Understanding the inner qualities of any Sun sign increases your capacity for intuitive understanding,** and it fills your quiver with arrows of success which can be aimed directly at your personal and professional relationships. When armed with this knowledge you have secret leverage because you understand others: where they're coming from and where they want to go. You may have to become creative if you just cannot bring yourself to ask that dreaded party query - "what's your SIGN?" With time, you can learn a multitude of subtle ways to get the information. The bottom line is - you'll be glad you know how to analyze Sun signs by **Element** and **Quality**.

#### The 12 Signs by ELEMENT

FIRE	Aries	Leo	Sagittarius
EARTH	Taurus	Virgo	Capricorn
AIR	Gemini	Libra	Aquarius
WATER	Cancer	Scorpio	Pisces

#### The 12 Signs by QUALITY

CARDINAL	Aries	Cancer	Libra	Capricorn
FIXED	Taurus	Leo	Scorpio	Aquarius
MUTABLE	Gemini	Virgo	Sagittarius	Pisces

## ***The Four Elements – Fire, Earth, Air, and Water***

### **Fire**

**Fire is the element of spirit and vitality.** If you know anyone who is *Aries, Leo, or Sagittarius*, you are dealing with a fire sign. Before you marry a fire sign native, know that this sign thrives on freedom and spontaneity and must not be smothered. In nature, fire is born of a delicate balance which needs constant fuel in order to maintain itself. With the right mix, fire provides warmth and light—two things that elevated early humans beyond the stage of the caveman. Fire ignites passion; it's inspirational and yet needs room to breathe. This element provides a spark for creation; and the next one, Earth, gives it a place to land.

### **Earth**

**Earth is the element of stability and manifestation.** The three Earth signs are *Taurus, Virgo, and Capricorn*. It will help you to understand your Earth Sign boss if you know that he or she dislikes unpredictability and needs tangible results. So get that report on his or her desk on time. In nature, the Earth is our rich and fertile home. People of the Earth signs are concerned with sustenance. With warmth and light, the Earth element is abundant and fecund. Earth people keep us grounded; the following element, Air, weaves the quality of intellect into our elemental tapestry.

### **Air**

**Air is the element of thought and communication.** The three Air signs are *Gemini, Libra, and Aquarius*. Air people are thinkers. They will delve into intellectual analysis often at the expense of their emotions. In the natural world, air is the most critical element to our immediate survival! And it's our gift of thought that has enabled the ultimate declaration: that we are a species made in the likeness of a grand creator. Intellect can be channeled into reason or it can be twisted into mental torment. The force that drives thought from altruistic heights into the depths of passion is emotion; the next element, Water, houses our feelings.

### **Water**

**Water is the element of emotion.** The three Water signs are *Cancer, Scorpio, and Pisces*. In a relationship, if you want to make a Water person happy, give them a nice surprise. *Ask them how they feel - often.* Water people can be emotional roller coasters. In nature, this element brings fertility and growth. Water is mysterious; it has the power to carve massive canyons, yet we cannot hold it in our hands. Water can be temporarily molded - when it's frozen as ice; sooner or later, however, the ice will thaw. Water can hide things for a short time, but not forever. This element symbolizes joyousness and being carefree, yet also sorrow and tears. Water loves and it rages.

**Our four elements, Fire, Earth, Air, and Water are each threads in the tapestry of creation.** As we travel full circle through the elements, we return to Fire, which in turn is supported by Earth. Too much Water will put out Fire by starving it of Air, a necessary fuel. *Fire and Water, in delicate balance, create steam, a symbol of transformation.*

**And, so we turn on the wheel of life.**



### ***The Three Qualities—Cardinal, Fixed, and Mutable***

The four elements of Western astrology—Fire, Earth, Air, and Water—are cogs in the wheel of our movement through time and space. Understanding them gives you another secret to astrological knowledge. The next key that opens the vault is *quality*. In astrology, this term refers to how the elements function, how each plays its appointed role.

#### **Cardinal**



**The job of cardinal is to begin the process, not necessarily finalize it.** People born in the cardinal Sun signs of *Aries, Cancer, Libra, and Capricorn* are the movers and shakers. They'll initiate projects, but they may not always complete them. **Before you go into business with someone who is a Cardinal sign, be sure you have a team to complete their ideas.** Capricorn, ruled by Saturn, is a likely exception; as a matter of dignity, Capricorns will persevere so that they also complete what they start. The cardinal gal or guy is a "point person," similar to the shape of a triangle. That's okay—*someone has to get the ball rolling*, and astrology gave us the cardinal signs to help.

#### **Fixed**



**Fixed people will stay in the game and go the distance.** *Their downfall may be that they get stuck or become rigid.* Fixed refers to the quality of stabilizing or consolidation; these signs have staying power. **People born in the fixed Sun signs of *Taurus, Leo, Scorpio, and Aquarius* will be the ones who work after hours in order to complete the task at hand.** Other influences such as Mercury or the Moon in a mutable sign may detract from the fixed Sun sign's determination, but generally, all four of the fixed zodiac signs have staying power and will not stray too far from their resolve. People who have the fixed quality tend to value productivity and prefer predictability; and like their symbol, the square, they are *solid as a rock*.

#### **Mutable**



**If you have mutable sign people in your life, bless them.** The reason I say to bless them is that, just like the yin/yang symbol, they are adaptable and can adjust to change, which is not always easy. People born under the mutable Sun signs of *Gemini, Virgo, Sagittarius, and Pisces* are often better able to "go with the flow." But, sometimes they shift too easily, and this makes it hard to predict their behaviors. Virgos, a mutable Earth sign, are the exception here. Ruled by Mercury, Virgos get a bit nervous without a daily routine. However, even Virgos understand that the only thing constant in our world is change; once they see a need to so, they'll readily shift their priorities and daily schedule. **If parenting a child of mutable quality, it's good to remember that they are experimental in nature.**

### Success Tip #2 – Learn About Your Own Astrological Chart

We're talking about **"How" to Manifest Your Best Life** here, and Success Tip #2 is essential. This is not an advertisement or self promotion, rather a recommendation for every (good and ethical) astrologer on the planet. YOU are a beautiful flower in the God & Goddess's garden of Life.

You deserve the best guidance available, and astrology provides a map of your domain. Don't you want to know how you can best grow? Naysayers must leave their negativity at the gate; you have been invited into the "Garden of Life and Everlasting Wisdom."

**There is a reason this tool has been used for centuries by royalty, celebrities, politicians and individuals like you. Astrology works!**



**The Sun sign is an important part of astrological interpretation, though not the only one. You will also want to learn about your Moon sign, which provides inside information into the world of human emotions.** If you have never had a reading by a qualified astrologer, take it on! Prepare your list of questions, and enter with an open heart. Use your power of intention before the reading to request a clear and informational consultation. In my experience, what happens is: the right knowledge is presented to you in the perfect place and time, and it comes through the most enriching vehicle – your astrologer.

**You can evaluate your astrologer by what they contribute. The divine purpose of a professional astrologer is to add value; plain and simple.** A professional astrologer will NEVER dwell on negativity and/or bad things which are coming your way. Yes, you do need to know about stressful a planetary cycle which may be imminent; this is a different topic than that of perpetual disaster. Your astrologer is on your side. Expect to meet someone who provides valuable information and best of all, intellectual and psychological tools which will grant you personal power.

**Get a handle on your own financial houses, especially if money has been a problem in your life. Tell your astrologer that you wish to focus on your money issues in advance of your reading,** and he or she can devote extra preparation time towards that aspect of your natal chart. The financial houses are #2 and #8. It is interesting to note that the 2<sup>nd</sup> house is a place of not only money, but also self worth – how we value ourselves. And, the 8<sup>th</sup> is other people's money, but also the price which is paid.

The other manifestation houses are #4 and #10. The 4<sup>th</sup> house reveals our innermost core being and values. I like to think of the 4<sup>th</sup> house as that place where the soul resides in the body and the body resides in a house. It's your chi center, your center of operation. Understanding how this part of you "works" makes you a more powerful manifester. **In the 4<sup>th</sup> house, you fuel your personal Law of Attraction. And the 10<sup>th</sup> house is where you show the world just what you have to offer!**

**You may have to dig deeply, but the answer to your every question lies in the wisdom of astrology. This ancient art is rich in nuance. Astrology opens up a book of karma, the akashic records; and a good astrologer can guide you on the journey.** Be sure to take notes, or record your session, because the information presented during your reading will be from the pure source of your Creation. There will undoubtedly be fine points and details which you need to re-visit. Even if you think you are of perfect remembrance – get the session taped, or else, take notes.

*A Japanese folk tale: THE JOY OF AMATERASU, THE GODDESS OF THE SUN*



Western and Vedic astrology both agree in assignment of female gender qualities to the Moon, and place masculine association with the Sun. Nonetheless, there have been many female Sun goddesses throughout history. One notable deity is the Japanese Sun Goddess Amaterasu.

The best known story of Amaterasu is about the day she had a terrible disagreement with her unruly brother, the Storm God. After this fight, she and withdrew into a cave, which caused the world to become dark and uninhabitable.

Only Uzume, the Goddess of mirth, was able to entice Amaterasu's interest with a bawdy show of dancing and singing. As Amaterasu peered out her cave, to watch Uzume's erotic dance, she was dazzled by her own beauty reflected in a mirror which had been strategically placed in by the other gods.

Delighted both by Uzume's dance, and seeing her own image, Amaterasu came out of her dark and secluded cave to shine her light, again, on the world.

### **Success Tip #3: Consult with an Astrologer at Least Once Per Year, Preferably Just Before Your Birthday**

Why before your birthday? There are several predictive tools which your professional astrologer has in his or her tool kit. One of them is the Solar Return. **Each year, when the Sun returns to the exact place where it was when you were born, an astrologer can cast a chart which reveals your fate for the upcoming year.** This is the Solar Return - a chart cast for the time that the Sun returns to the exact degree that it was when you were born.

**Astro\*Carto\*Graphy is a specialized branch of astrology which helps you identify resonant earth locations which will enhance your prosperity.** The reason people sometimes travel to a different location on their birthday upon the advice of an astrologer, is to change their fate or karma for the year ahead by influencing the Solar Return through time and place.

Shirley MacLaine traveled to Cripple Creek Colorado on her birthday, on the advice of her astrologer. She projected her desires out to the Universe and that year her book "Out on a Limb" was published, she was cast in two Broadway shows, and she met her soul mate! She firmly believes her location on her birthday was the key.



#### Success Tip #4 – Learn to Recognize and Plan According to Lunar Cycles

Honoring the flow of nature can be as simple or elaborate as your heart prescribes. Modern life places many demands upon us which can make it uninteresting to pay attention to the cycles of nature. However, humble awareness can move you into the realm of magical power. Truly, the secret power lies deeply within your being, that place where you active the *Laws of Attraction*. Here is the formula:

**New Moon is a time for and growth; a time to Moon is a time for wanes, it is best to focus and/or completion.**

The calendar of nature hostess, corresponds with Moon. Simply observe; the each month; and then it cycle has occurred each lunar mankind's history. Nations come and New Moon to Full Moon, and the cycle of the seasons, sustain us in a repetitive and somewhat predictable flow of sustenance. Don't you think it makes sense to work with the lunar cycles?

The SUN is 400 times larger than the moon. But because the moon is 400 times closer to the earth, they both appear to be the same size.

**activation, new beginnings, initiate projects. The Full harvest, and as the moon on wrapping up projects**

and Gaia, our gracious the cycles and timing of the Moon waxes, (or grows) in size decreases in size. This celestial month throughout the millennium of go, leaders rise and fall; yet the cycle of

**If you want something to grow, including new desires and goals, plant your intentions and actions during a waxing Moon;** preferably, even in a fertile sign such as *Taurus, Cancer, Scorpio, or Pisces*. The Old Farmer's Almanac is loaded with information on the lunar cycles for everyone. Farmers, stock brokers, and especially YOU are all in the perfect position to benefit from the wisdom of living in accord with lunar cycles.

#### Success Tip #5 – TRUST

This step can be the hardest of all! Perhaps you have taken on the task of learning about astrology, and even perused this body of knowledge as a lover would a mistress. Within this success tip lies the simplest, yet the most fierce of all tasks; that of TRUST. The word is defined as: belief, confidence, reliance, conviction, and expectation. Trust implies simplicity of spirit, yet we know that we must also be wise. Tenderness and protection are both parcels of human nature. The ultimate lesson that astrology teaches is that only when you become pure within your heart and spirit, when you have finally burnt the remains of negative human emotion, then, you will transcend the realm of Pluto, and be relieved of the cycle of death and rebirth.

Astrology can help you in a multitude of ways. A powerful yet amazing tool is at your disposal if you choose to use it, one which can help you manifest your best life and gain the life of your dreams. Spirit has a wonderful way of opening up the doors of synchronicity; when the time is right, the right doors will open.

**Trust in the magic of life, and remember to live from the gateway of an open and loving heart.**

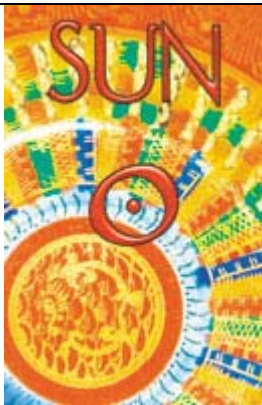


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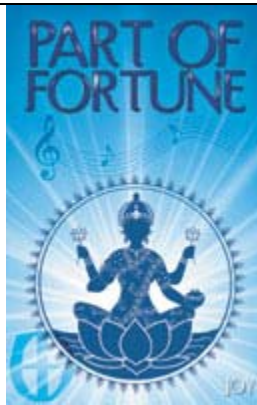
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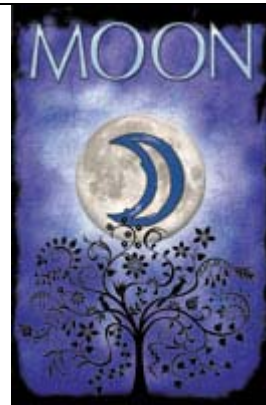
Remember: You are never given a dream without also being given the ability to make it come true. Astrology can be YOUR tool toward having your dreams realized – quicker than you might imagine.



Your Sun Sign. What magical place do you hold in the stars?



Uncover Your Hidden Fortunes. Trust that there are many.



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**Maya White** is an internationally recognized astrologer and intuitive guide. Her free monthly horoscope and articles are noted for a skillful combination of accuracy and wisdom, and are read worldwide. Maya is one of only 88 people in the world certified in Astro\*Carto\*Graphy®, a branch of astrology that guides people to find their perfect place on Earth for positive growth.

She is a Hay House author and creator of the “Easy Astrology Oracle Cards” – a system which simplifies learning through interaction with symbols, colors, and keywords. Maya regularly conducts workshops to help others expand their knowledge and develop intuitive skills related to astrology.

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